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Inferiority complex And Mind Control

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Introduction

Inferiority complex can simply be defined as the sense of inferiority with respect to others in some form or the other. Such definition may fail to bring home the real affliction of the sufferer. The base of inferiority complex may be real or may also be imaginary. But the fact remains that inferiority complex is one of those types of psychological problems that can bring a person to the edge of life.



Depression & Inferiority

Depression and inferiority complex are often mistaken to be referring to the same problem while the reality is that depression is the result of inferiority complex. However, the attitude and personality of a person are quite important factors with regard to whether a person is going to suffer from inferiority complex or not. The problems that one can experience if he/she suffers from inferiority complex are discussed below.



But you can get an overview of your attitude and Personality level so that you can know if you have the possibility of suffering from inferiority complex.

To check your personality and attitude you can try

MB Personality Test Suite

(<http://www.mysticboard.com/mb-free-personality-test-suite/>)

MB Personality Plus Software

(<http://www.mysticboard.com/mb-free-personality-plus>).

You can also try MB Attitude Number Software

(<http://mb-free-attitude-number.mysticboard.com/>)

to know more about your attitudes from a numerological point of view.

Effects Of Inferiority Complex

Inferiority complex does have certain bad and harmful effects. What is most dangerous about inferiority complex is that it creates a sense of insecurity that can reach a great extent and can make the sufferer take a drastic step. However, the list below will provide you with an overview of the problems one may experience if he/she is a victim of inferiority complex.



- 1. Produces an inability to adapt in different circumstances.**
- 2. A permanent fear develops within.**
- 3. Affects the life of people around the individual.**
- 4. Nothing can be done properly.**
- 5. Lack of self confidence.**
- 6. Energy level falls drastically.**
- 7. Anxiety increases.**
- 8. All kinds of mental and physical ailments start affecting.**
- 9. A feeling of insecurity comes from within.**

Inferiority complex And Anxiety

We, as human beings constantly want to work, to make progress in life, to make our mark, to struggle to make our opinions felt, to debate with other, to reach the top, to approach at an equal footing with our superiors and to feel relaxed within ourselves.



All these feelings and inner thoughts of man force him to exceed his capability of proving himself. These things do, very often lead to inferiority complexes which in turn makes way for anxiety. The reasons for such happenings are as follows:

- a. Consciously an individual has the desire and the will to impress his personality on others.**

- b. Subconsciously, he feels some sense of danger. He has the baseless feeling that others listen to him, only under sufferance, that he is boring, clumsy etc.**



A Helping Hand

c. Moreover, we live in a world based on force. Now, whether this is good or bad is immaterial.

d. The person suffering from a feeling of inferiority is then obliged to demonstrate his own strength in order to prove and as well as to protect himself.

e. He develops a way of life which is false in order to let others believe that whatever he is saying or demonstrating are genuine.

f. All of us want to attain a peaceful life, and keep suffering at the bay. But inferiority complex leads to suffering for they make him feel insecure, fearful, and powerless and this often gives rise to anxiety.

g. Everyone exposed to suffering seeks a solution. But a person suffering from inferiority complex tries to escape from his sufferings. He looks for something that will enable him to escape and to get himself rid of his feeling of being powerless and inferior. And this very feeling gives rise to the feeling of anxiety.

Remedy For Inferiority Complex

MB Subliminal Images Software (<http://mb-free-subliminal-images.mysticboard.com/>) is an unique tool that helps you in reaching your goal



and adds to your confidence level. MB Subliminal Images Software helps you find easier and quicker ways to achieve your goal.

The risky thing about inferiority complex is that an individual's consciousness of his/her inferiority

complex may make him/her act in such a strange way that he/she appears to be suffering from superiority complex which is even worse. Keep your cool, find your weakness and drawbacks and try to overcome them. You can also try MB Mind Reading Astrology Software (<http://www.mysticboard.com/mb-free-mind-reading-numerology>) to get an insight into your mind and mentality.



Where There Is a Will There Is A Way

Conclusion

It is very logical that you would ideally like to feel superior to others in some way or else. While you look powerless in the face of life, you will look for a way to become super powerful. If you feel that you are being humiliated, you will always have the tendency of humiliating others. Thus you will have a tendency of 'compensation.' It is nothing, but an illusion and a compromise. So stop feeling low. Always think positive and be optimistic and see how beautiful your life is!



**You Can Own The World
Think Positive – Be Positive**

Author's BOX

Swetha, the owner of MysticBoard.com, offers unique meditation and mind control discussions on http://www.mysticboard.com/meditation_and_mind_control



Resources

MB Subliminal Images Software

<http://mb-free-subliminal-images.mysticboard.com/>

MB Personality Test Suite

<http://www.mysticboard.com/mb-free-personality-test-suite/>

MB Personality Plus Software

<http://www.mysticboard.com/mb-free-personality-plus>

MB Mind Reading Astrology Software

<http://www.mysticboard.com/mb-free-mind-reading-numerology>

MB Attitude Number Software

<http://mb-free-attitude-number.mysticboard.com/>

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