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Dream Interpretation & Dream Types

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Introduction

"I dreamed a dream in time gone by
When hope was high and life worth living
I dreamed that love would never die
I dreamed that God would be forgiving"

- Les Misérables

The romanticism that is often attributed to dreams, as reflected in the first two phenomenal quotations referred to here, often face the reality that dreams are not so much ethereal, heavenly or a philosophical phenomenon. At least, the statement of Bailey testifies to this fact.



Rather, dreams are among the most complicated processes that take place in the human brain. Centuries of

study into the mystery of dreams have revealed that dreams are, in no way, insignificant. Most astonishingly, dreams have proved to be even more practical than the human faculty of imagination.

"Dreams are rudiment of the great state to come. We dream what is about to happen."

– Bailey.

Our mind and our body act simultaneously. When we remain awake, our minds stay active; this is the objective part of our mind. When we are asleep, our subjective mind remains active which fills our mind with several emotions. The pious intelligence of human beings interrupts, only when our will power remains suspended, or unaffected to the external sensations.

"You may say I'm a dreamer, but I'm not the only one. I hope some day you'll join us, and the world will live as one."

- John Lennon

Variations Of Dreams

It has been proved that women dream more often and vividly than men, because their dream composition is less influenced and allied to external movements. A nightmare suggests to a dreamer if health and diet needs attention, relaxing is necessary, the necessity of sleeping in a well ventilated room in a relaxed posture. Human dreams are basically of 3 types viz. subjective, physical and spiritual. They relate to past, present and future and are also influenced by past or subjective, physical and spiritual causes.

Subjective Dream

The subjective dream possesses an element of caution and divination, though the true meaning is hidden in symbols or allegory. The subjective dreams are a result of the mental pictures of the dreamer related to his past falling on his conscious mind at present. It is dependent on the picture which the dreamer assumes and accordingly it brings ill or good fortune.



Physical Dreams

Physical dreams are more or less not very much important. They are super induced by the anxious waking mind and when this is so, they do not possess any prophetic significance. But as the past and the present enter into shaping a dream i.e. the future, the reflection thus left on the waking mind should not go by unheeded.

Spiritual Dreams

Finally, the spiritual dreams are brought about by the higher self penetrating the realm of the soul, and reflecting approaching events upon the waking mind.



Conditions For Dreams



Always retire to bed in a negative condition. This is possible once you your mind is clear and free from all sorts of material rubbish as much as possible. A person can completely relax his mind and body to the receptive mood required for dreams to appear as realities, or true explanations of future events.

Exaggerated Dreams

The will is suspended during sleep, and so the dream of the mind is more a prey to excitability than the waking mind. Thus, when images appear upon the dream vision, they are frequently distorted into hideous malformations that fill our mind with fear and excitement. The constant dwelling of the mind upon certain things distorts their shapes upon subjectivity, thus throwing dreams in exactly opposite channels to the waking reality. Yet, we always feel a sense of being awake in dreams like these.

When Dreams Are Less Prescient

Dreams are subjective symbols used to impress the material mind with the upcoming sense of good and evil. The spiritual part of we - the human beings is Subjectivity. All kinds of thoughts first enter our physical minds and then affect us. Frequently, the soul becomes so much filled with material or present ideas, that the spiritual symbols are crowded out, and then it is that dreams seem to be contrary. Material subjectivity, that is all thoughts and ideas emanating from material sources, go to make up this section of dreams.



Dream Interpretation

The discussions so far must have been able to make the idea clear that dreams have significant meanings if they are interpreted according to the dream interpretations theories invented so far. You need not visit a professional dream interpreter to get the meaning of your dream. There are free tools that you can use if your purpose is to know what message the dream that you had last night, is trying to convey to you. MB Dream Interpretation Software (<http://www.mysticboard.com/mb-free-dream-interpretation>) happens to be one of the most popular dream interpretation programs.

There are learning programs for you if you are interested in learning the tricks to interpret the weird visions people have. The educational tool mentioned below are unique help in your dream interpretation learning.

MB Dream Dictionary

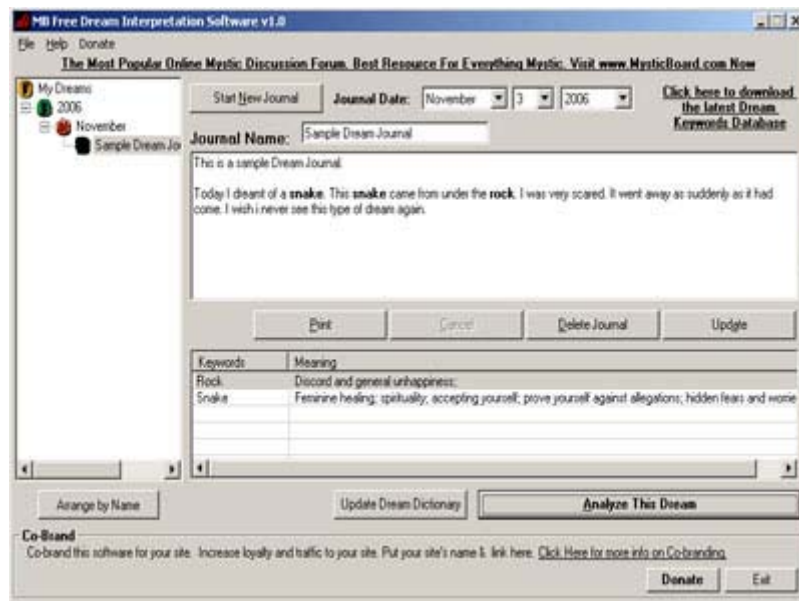
<http://www.mysticboard.com/mb-free-dream-dictionary>



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Author's Box

Swetha the owner of MysticBoard.com is passionate about astrology and the occult. In her website www.mysticboard.com you can discuss and get your dreams interpreted on the Dream Interpretation Forum at http://www.mysticboard.com/dream_interpretation.



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